



A N C H O R
A N G L I C A N
C H U R C H F O W E Y

HOLY COMMUNION

*from ACNA BCP 2019 - Anglican Standard Text
following the order of the 1662 BCP*

PRAYER OF PREPARATION

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Hear what our Lord Jesus Christ says: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbour as yourself. On these two commandments depend all the Law and the Prophets. (*Matthew 22:37-40*)

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT FOR THE SOVEREIGN

THE COLLECT FOR THE DAY

THE BIBLE READING(S)

This is the Word of the Lord.

Thanks be to God.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible. We believe in one Lord, Jesus Christ, the only-begotten Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one Baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE SERMON

INTERCESSIONS

INVITATION TO CONFESSION

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

CONFESSION

Almighty God, Father of our Lord Jesus Christ, maker and judge of us all: We acknowledge and lament our many sins and offences, which we have committed by thought, word, and deed against your divine majesty, provoking most justly your righteous anger against us. We are deeply sorry for these our transgressions; the burden of them is more than we can bear. Have mercy upon us, most merciful Father; for your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may evermore serve and please you in newness of life, to the honour and glory of your Name; through Jesus Christ our Lord. Amen.

ABSOLUTION

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon *you*, pardon and deliver *you* from all *your* sins, confirm and strengthen *you* in all goodness, and bring *you* to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

Hear the Word of God to all who truly turn to him. Come to me, all who labour and are heavy laden, and I will give you rest. (*Matthew 11:28*) God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. (*John 3:16*) The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. (*1 Timothy 1:15*) If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world. (*1 John 2:1-2*)

PREFACE

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right to give him thanks and praise.**

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth... Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy, Lord God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.**

PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

PRAYER OF CONSECRATION

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you that, receiving these gifts of bread and wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, we may be partakers of his most blessed Body and Blood.

For on the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my body, which is given for you: Do this in remembrance of me." Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me."

GIVING OF COMMUNION

The body of our Lord Jesus Christ, which was given for you, preserve your body and soul to everlasting life. Take and eat this in remembrance that Christ died for you, and feed on him in your heart by faith, with thanksgiving. / The blood of our Lord Jesus Christ, which was shed for you, preserve your body and soul to everlasting life. Drink this in remembrance that Christ's Blood was shed for you, and be thankful.

THE LORD'S PRAYER:

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

PRAYER AFTER COMMUNION

THE BLESSING